



2015
**Parent Academy
Conference**

Conference Registration

Contact Information

Your First Name: *

Your Last Name: *

Email address:

Phone number: () _____ - _____

Please note if you have any dietary requirements:

☐

Halal

☐

Vegetarian

☐

Vegan

☐

Gluten Free

Please note if you have any allergies:

If you would like an interpreter, please specify the language here:

Do you require sign language (ASL): ☐ Yes ☐ No

Please note if you require any accommodations:

☐

Vision

☐

Wheelchair Access

☐

Mobility Assistance

Other:

Transportation – IF REQUIRED

If you require transportation support, please enter your address below and a Community Support Worker will contact you to offer you transportation support closer to the date of the conference.

Street:

City:

Apt/Unit:

Child's School:

Conference and Workshop Selection

Please choose the conference dates and locations you would like to attend.

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Saturday, April 18 (EAST)

Cedarbrae Collegiate Institute

550 Markham Rd, Scarborough, ON, M1H2A2

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Saturday, April 25 (WEST)

Thistletown Collegiate Institute

20 Fordwich Cres, Etobicoke, ON, M9W2T4

A.M. Workshop – Choice 1:

A.M. Workshop – Choice 1:

A.M. Workshop – Choice 2:

A.M. Workshop – Choice 2:

P.M. Workshop – Choice 1:

P.M. Workshop – Choice 1:

P.M. Workshop – Choice 2:

P.M. Workshop – Choice 2:





Child Minding

Your First Name: *		Your Last Name: *	
Email address:		Phone number: () ____ - ____	
Register another child for child minding :			
First Name:		Last Name:	
Age: (children must be 3yrs old and toilet trained)			
Please note any dietary restrictions for this child: <input type="checkbox"/> Halal <input type="checkbox"/> Vegetarian <input type="checkbox"/> Vegan <input type="checkbox"/> Gluten-Free			
Please Note any allergies or other information:			
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Workshop Descriptions East – April 18, 2015

1	Positive Parenting Presented by Model Schools for Inner Cities Parents and Caregivers	This workshop will use engaging activities and examples to explore the challenges and strategies of raising a responsible child. We will learn how to develop cooperation with our children and the art of giving gentle guidance.
2	STEM (Science, Technology, Engineering and Math) Learning at Home Presented by Model Schools for Inner Cities Parents and Caregivers	Participants will learn what STEM is how it is being applied in the TDSB. We will also explore a variety of activities they can do at home with their children to encourage STEM learning. STEM has a lot of fun applications and is learning that parents and children can do together, come and learn how.
3	Habits of Successful Studies Presented by Model Schools for Inner Cities Parents and Caregivers	It can be hard for students to develop effective habits of studying and parents and caregivers can play a big role in this. Help your child build a passion for learning by making learning fun. Parents will learn tools for working with teachers in school and we will spend time on the principles of learning - observe, guide and encourage.
4	Special Education: Supporting and Advocating for Success Presented by Model Schools for Inner Cities Parents and Caregivers	Discuss challenges parents face with "the system", - Advocating - what does it mean and why should I do it. - Exercise - what do you want for your child and why, Exercise: prioritizing your wants and needs, - Change your language and your attitude, get creative (talk about successes, think like you are part of a team), - prepare for meetings, - Ask: "What can I do to help?"
5	7 Characteristics of Raising Successful and Resilient Children Presented by Model Schools for Inner Cities Parents and Caregivers	Parents will learn strategies to optimize their children's chances of success through the development/enhancement of the seven character traits.
6	Engaging ALL Parents: Strategies for Success Presented by Model Schools for Inner Cities Parents and Caregivers	There are many obstacles to meaningful, rewarding and inclusive parent engagement in the school setting. In this workshop, we will explore strategies to overcome the challenges faced by Newcomers to Canada and English Language Learners, differently-abled parents, and parents who feel excluded from joining well-established groups. Participants will work together to discuss solutions and best practices will be shared.
7	Street Safety – Open Conversations About Street Safety and Graffiti vs. Art Presented by Model Schools for Inner Cities Parents and Caregivers	An open format discussion about: community safety, traffic safety, neighbourhood watch/safety protocol, vandalism and art. The who, what, where, when, how and why - preventatives and real stories





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8	Raising Social-Emotionally Healthy Children Presented by Model Schools for Inner Cities Parents and Caregivers	Tips for parents and caregivers on maintaining healthy relationships with their children. Tools and resources for parents and caregivers to continue to support children when challenged. Educate parents and caregivers on the successes of raising social-emotionally healthy children.
9	Identifying and Making your Family Assets Work for You Presented by Toronto Public Health	This interactive workshop will address the importance of building resiliency in children and youth; helping them to learn from mistakes and bounce back from life's challenges. This workshop will engage parent and caregivers in discussions about what they can do to help children and youth deal with life's stresses and become strong, responsible individuals.
10	Be In the Know about Career and Job Resources Presented by Toronto Public Library	Learn about the latest resources for job searching and career development from the Toronto Public Library. Topics include electronic and print resources, free computer workshops to learn MS Word, Excel, and PowerPoint, and information about the Newcomer Information Service LSP program.
11	Next Steps - For Entrepreneurs Presented by TDSB Welcoming Communities	A workshop that supports Entrepreneurs to understand important terms and processes for developing their own business. Rather than being a session on which resources to access and where, the workshop will seek to offer very practical information, definitions, demystify some of the difficult processes around starting your business and offer some creative solutions to common problems faced by entrepreneurs.
12	Job Readiness Presented by Next Steps Employment	This workshop will offer practical strategies to enhance your resume and interview skills. Participants will gather first-hand tips to prepare for an interview and will have the opportunity to utilize one-on-one resume help offered by Next-Steps Employment. All Participants are requested to bring their resume to this session.
13	Kids Have Stress Too Presented by Toronto Public Health	Kids Have Stress Too aims to help parents and other caregivers to better understand stress and how to help their children develop strategies for positive coping. Parents and caregivers will learn how they can help children deal with the pressures in their lives so that they are happier at home and at school. The workshop will also help parents and caregivers improve communication with their children.





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Workshop Descriptions

West – April 25, 2015

1	Diabetes Awareness/ Prevention and Maintenance Presented by Model Schools for Inner Cities Parents and Caregivers	This workshop will include diabetes risk screening in which participants participate in an individualized diabetes risk assessment using a life-style-based questionnaire. We will also offer one to one consultations with a registered dietician. The workshop will cover the following topics: diabetes, nutrition, healthy cooking and physical activity.
2	Financial Literacy and Empowerment Presented by Model Schools for Inner Cities Parents and Caregivers	Financial Literacy is important and being able to budget realistically is a tough challenge. This workshop will explore types of saving and investments, especially around investing for your child's education. Come and learn about the SmartSaver program and other options to support your children's further education.
3	Special Education Presented by Model Schools for Inner Cities Parents and Caregivers	This workshop is for newcomers, ESL families and other new parents to learn about Special Education in the TDSB. We will explore a case study from beginning to end and learn about each step parents can take to support and advocate for their children.
4	Parents in Partnership Presented by Model Schools for Inner Cities Parents and Caregivers	How Does Family Engagement Influence Student Achievement? Join us to explore Dr. Joyce Epstein's Six Types of Parent Involvement. This type of involvement makes you understand what ownership really means for your child's education. Education is a partnership between the school, family, and community.
5	Understanding School Resources for Student Success Presented by Model Schools for Inner Cities Parents and Caregivers	Parent engagement results in improved student achievement and well-being. The aim of this workshop is to help parents understand the various methods of student assessment. Participants will engage in hands on exploration of the assessment tools such as EQAO, CAT4, EDI and CASI. Parents and caregivers will leave with a bank of resources and materials to support their children's learning, thus creating a legacy of life-long learners.
6	Strengthening School Community Partnerships Presented by Model Schools for Inner Cities Parents and Caregivers	Identifying methods of communication most effective for us can help build strong partnerships with our schools and communities. In this workshop we will use role play to explore how different methods of communication can be applied to different contexts and purposes for the most favourable outcomes. Come and share your rich experiences and let's find ways to maximize the power of communication!





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