# Join the Conversation!

## TDSB FAMILIES ARE INVITED TO JOIN US FOR A SERIES OF ENGAGING AND INFORMATIVE CONVERSATIONS ON TOPICS WE HEARD YOU WANT TO LEARN MORE ABOUT.

Hear from leading experts and participate in question and answer sessions.

#### MENTAL HEALTH, WELL-BEING & ROUTINES IN THE EARLY YEARS

Speakers: • Ann Douglas, Author Happy Parents, Happy Kids and Parenting Through the Storm

• Afroze Anjum, Psychologist, TDSB

Moderator: Heather Johnson, Social Work, TDSB

Monday, June 22, 2020 | 6:30 p.m. – 8 p.m.

To join the conversation click here.

### MENTAL HEALTH WELL-BEING AND ROUTINES IN ADOLESCENTS & TEENS

Speakers: • Dr. Amy Cheung, Psychiatrist Sunnybrook

• Scott St. Marie, Keynote Speaker, YouTuber & Podcast Host

Moderator: to be confirmed

Wednesday, June 24, 2020 | 6:30 p.m. – 8 p.m.

To join the conversation click here.

#### TALKING RACE WITH YOUR CHILDREN

Speakers: • Dr. Kang Lee, OISE

• Vidya Shah, Associate Professor, York University

Moderator: Michelle Munroe, Co-ordinator Family Engagement, TDSB

Friday, June 26, 2020 | 6:30 p.m. – 8 p.m.

To join the conversation click here.



